

# FBA 12 - 15 GIRLS BASKETBALL RULES

## Merged with ICRC Rules Our Primary Goal - Have Fun!!!

### THE GAME - FBA GOES BY SC HIGH SCHOOL BASKETBALL RULES EXCEPT FOR THE FOLLOWING REVISIONS:

- 1) A total of one hour is slotted for each game. Teams play five on a side with basic Basketball rules.
- 2) We play 4 - 8 minute quarters; the clock will stop only for fouls, injury, officials time out and team time out. A regulation clock will be used during the last 2 min. of the 2<sup>nd</sup> and 4<sup>th</sup> quarters.
- 3) Overtime periods, if necessary, will be 2 minutes in length with the clock stopping on all dead balls, and 1 additional time-out allotted to each team.
- 4) A 3-seconds in the lane violation will be called.
- 5) **Pressing Defense:** A defensive press **CANNOT** be used until the offensive team has moved the ball into the front court. Full court pressing will be allowed during the last 2 min. of each half. A team with a lead of 6 pts., or greater, will not be allowed to full court press at any time. A full court press can occur in the last 2 minutes of the 2<sup>nd</sup> and 4<sup>th</sup> quarters, unless a team is leading by 6 points or more, then pressing is not allowed.
- 6) **Time Outs:** Four (4) time outs per game will be granted to each team. Unused time outs from the second period may be carried over into overtimes. One additional time out is granted to each team for each over-time period.
- 7) **Substitution:** For substitution purposes the 1st, 2nd & 3rd quarters will be split into two 4 min. segments. Every player present and otherwise eligible must play a minimum of 4 min. in each of the first 3 quarters. At the end of the first 4 min. all eligible players, on the bench, will enter the game and play the 2nd 4 min. segment. Players may not be substituted unless they are injured, receive their 4th foul in the 1st half, foul out or are ejected. If a team has 8 or 9 players present no player will be allowed to play more than 4 of the 6 substitution segments. If a team has 6 or 7 players present no player will be allowed to play more than 5 of the substitution segments. The 4th quarter will be free substitution.
- 8) No player should play more than 3/4 of the game and no less than 1/2 of the game unless personnel needs overrule. Coaches will be required to keep track of playing times for the players. **EQUAL PLAYING TIME IS THE GOAL.....**

### THE EQUIPMENT:

- 1) 12-15 girls use the 28.5 mm ball. Goal height 10 foot.
- 2) All players should have basketball sneakers and be wearing the team shirt tucked in during game play.
- 3) Regulation 15 feet free throw line is used for the 12-15 age group.
- 4) Coaches are responsible to get there early to adjust the height of the baskets if required.
- 5) The FBA game ball in use will be given to the score keepers after the game.
- 6) If a FBA game ball is not available, the game can be played with an appropriate size ball supplied by either team as long as both coaches agree on the ball being used.
- 7) Please start the game on time as much as possible. At least 4 players must be present at least 5 minutes after the game is to start or the game will be forfeited by the undermanned team. A team may play an entire game with 4 players against the other teams 5.
- 8) Parents cannot talk to the Referees before, during or after the game. A technical foul can be called or whatever referee deems appropriate.
- 9) Coaches, parents, players and fans are not permitted to approach the score table for any reason whatsoever. Coaches may ask the scorekeeper from his/her bench about fouls and time-outs, but cannot question or challenge the timekeeper on any issue. The coach must take issue up with the lead referee.

### ADMINISTRATIVE ISSUES:

- 1) Parents are encouraged to buy the right size ball for their child and to bring the ball to all practices.
- 2) Players and coaches will shake hands after each game. Good sportsmanship is always emphasized.
- 3) Players should not bring balls on game day. Coaches are responsible to bring a ball for warm up on game day.
- 4) Practice times will be assigned for the whole year. FBA expects each practice slot to be used as scheduled. The age group VP should be notified if there are any problems, conflicts, or cancellations.
- 5) Practices are scheduled at H.E. Corley (or at FGP or other participating district school gyms). Please relinquish the court at the required time. If your practice is the last one for the day please store away all equipment and prepare to leave on time as well.
- 6) Lost & found is maintained by the park or school staff and will be used for all articles left after practices and games.
- 7) **PLEASE DO NOT BRING FOOD OR DRINK INTO THE GYM** at FGP or any other participating school gym.
- 8) It is everyone's responsibility to make sure the gyms are kept clean and safe. Please ensure the facility is in order before you leave. No one is allowed to roam elsewhere in the building in the case of using district school gyms.
- 9) No one is allowed to slam dunk or hang on any of the baskets at any of the FBA gym facilities.
- 10) All small children must be supervised while in the gym. The gym time is allocated to teams for games and practices. Anyone other than players or coaches is not allowed on the gym floor during practices. No shooting by spectators will be allowed at other baskets not in use (center or side) during team practice times. Practicing teams own the entire half court and no one else should be running around in the gym.

Remember - Friarsgate Basketball Association is run by volunteers from the community. We only lease facilities from Richland County. You can help support the FBA each year by becoming a volunteer, coach and/or a sponsor. Call the Friarsgate Hotline at 760-2089 for additional information on how you can participate. Thanks!