

# FBA Cheerleading Squad



“Cheering to Encourage All  
Players”



**Mission:** To establish a cheerleading squad who will cheer at basketball games operated by FBA. The FBA Cheerleading Squad will enhance the basketball games. They will create excitement among the fans and help give the players a sense of spirit and pride. It will also give the participants an opportunity to gain knowledge about the game and make new friends. The FBA Cheerleading Squad is there to encourage all players. This is a FBA Cheerleading Squad, not an individual team squad.

**Requirements:** The FBA Cheerleading Squad is open to youth ages 5 years to 12 years old. At this time, no stunts or tumbling will be done. Tryouts will not be held. Teams will be determined by ages. Participants can register during FBA's Open Registration period. Applications for Squad Leaders will be accepted during registration.

**Practices:** Practice will occur once a week and one game a week (Friday or Saturday.) Practice will take place at the gym in a meeting room or classroom or the gym if available.

**Hoop-A-Rama:**

- The cheering squad can stand and cheer for each player as their name is being called.
- The cheering squad can repeat the FBA code of ethics along with the team.
- The cheering squad can assist in yelling out the number of baskets made by the "Super Hooper Mom."
- And any other assignments as needed

**Fundraising idea:**

Cheerleaders may be asked to support the league by selling league-approved products.



## **FBA Cheerleading Squad:**

The FBA Cheerleading Squad cheers at one game per week. Once the game schedules are determined, cheer squads will be assigned a time from the schedule to cheer each week. The preliminary plan for the squad is outline below: This could change based on the number of participants who sign up.

- The 5-6 Cheerleading Squad will cheer for the 9/11 and 12/15 girls team
- The 7-8 Cheerleading Squad will cheer for the 9/10 mixed team
- The 9-10 Cheerleading Squad will cheer for the 11/12 mixed team
- The 11-12 Cheerleading Squad will cheer for the 13/14 mixed team

For full court games, the cheerleading squad can sit on the first row of the bleachers and cheer for both teams.

For half court games, the cheerleading squad can sit on the first row on the bleachers behind the players. During the first half, they sit behind the home team, and during the second half, they sit behind the visiting team. Another option is the cheerleading squad sits in the corner of the gym. The goal is to cheer to encourage all players.



### **Cheer Schedule of Activities:**

1. Jump ball cheer at beginning of game from their seat
2. Cheer for all baskets made.
3. Wave pom poms and stand up during all free throws; no sounds
4. During time outs, the squad will stand up, face crowd, and repeat a quick chant
5. At half time, stand in center of floor, do a quick routine, dance step, or crowd participation cheer
6. Good job cheer to all players at end of game